## Resumé

Kathleen Baker (Nandin) Born 1955 in Calgary, Alberta, Canada

## **Studies**

1963 to 1973 piano, guitar and voice studies

- 1978 Bachelor of Music Degree in Composition from the University of Calgary
- 1979 Royal Conservatory of Music Diploma in Flute Performance (with silver and gold medals throughout the years of study.)
- 1979 Grade 6 piano Diploma, Royal Conservatory of Music.
- 1980 1986 performed frequently with the Calgary
  Philharmonic Orchestra including many national radio broadcasts throughout Canada.
- 1979 to 1983 Studied with Robert Aitken, one of the foremost Concert Flutists in Canada and the world.

  Performed very successfully in Master Classes for Marcel Moyse, Julius B.
  - Performed very successfully in Master Classes for Marcel Moyse, Julius Baker, Samuel Baron, Geoffrey Gilbert and William Bennet (Orchestra of Academy of St. Martin in the Fields.)
- 1983 won the National Competition (including a bursary) to play in The Banff School of Fine Arts Summer Orchestra.
- 1983/84 Winner of the National Competition and Bursary to study for 8 months in the Toronto Professional Training Orchestra.

  Studied with Jeanne Baxtresser, (former principal flutist of the Montreal Symphony Orchestra, then the Toronto Symphony Orchestra and finally the New York Philharmonic.)

## **Teaching and Performing Career**

- 1977 to 1986 taught at the Mount Royal Conservatory of Music in Calgary, Alberta, Canada (private lessons as well as group lessons and master classes.)
- 1987 to 1996 performed in many venues as solo flutist as well as with accompaniment by guitar. Arranged music for flute and guitar. Performed meditative music, and developed her improvisational style.
- 1997 to 2006 performed meditative and improvisational music as soloist (keyboard, flute and voice) as well as with Deva Premal und Miten, Manish Vyas, (New Age und Mantren); Karunesh, Anugama, Sambodhi Prem (Meditative Music); Chinmaya Dunster, (Celtic/Indian); Milarepa, Bindhu, Prem Joshua (East West Crossover) and Harry Manx (Indian Blues Fusion). Recorded with Palash, Sambodhi Prem, Manish Vyas, Chinmaya Dunster and others.
- 2007 2010 created "Singing Silence" circles (meditating through singing)
- 2008 first CD release with Malimba Records "Zen Spa"
- 2010 second CD release with Malimba Records "Celestial Spa"
- 2013 Member of the Bergisch Gladbach Symphony Orchestra
- 2016 third CD release with Malimba Records "Reiki Meditations"
- 2016 Flute Master classes with William Bennet, Lorna McGhee and Paul Edmund-Davies
- 2017 Flute Masterclasses with Gwen Klassen, William Bennett and Lorna McGhee
- 2018 Member of Yachad Chamber Orchestra
- 2018 Masterclasses with Matthias Ziegler, Wissam Boustany and Ian Clarke
- 2008 to the present performs Satsang meditative music, dance meditation music, Kirtan (Indian singing meditative music), and participates in other meditative singing and music groups.

  Teaches flute, keyboard, piano and voice.

Continues to record.



## Meditative and Stress Release Profile

1973 - 1986 Yoga

1983 - Studied Yoga with B.K.S. Iyengar in Pune, India

1984 – accredited Iyengar Yoga Teacher

1985 – Vipassana (with Anagarika)

1987 to 1997 – became familiar with many meditation and stress release techniques (for example: rebirthing, encounter, inner child work, hypnosis, AUM meditation, Osho meditations: Kundalini, Nadabrahma, Dynamic)

1989 - Shiatsu

1990 - Prana Healing, Reiki

1991 - Divine Healing/Shiatsu

1992 - Intuitive Massage

1994 – Rebalancing

1995 to 1998 - Cranio Sacral Healing

1993 – 1997 Attunement (Emissaries of Divine Light)

1997 – 2007 Satsang (Samarpan, Om C. Parkin, Isaac Shapiro, Gangaji)

2000 - Enneagram with Eli Jaxon Bear

2006 - Essenz Healing (Intentional Healing - Cliff Sanderson)

2006 - Emotional Freedom Technique

2006 - Living Essence (Arjuna Ardagh)

2015 - Retreat for Teaching Professionals with Eckhart Tolle and Kim Eng